

HealthTrack Gym Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday										
	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST									
5:00															5:00								
8:00															8:00								
8:30															8:30								
9:00		Childcare 9:00-12		Childcare 9:00-12		Childcare 9:00-12		Childcare 9:00-12		Childcare 9:00-12		Spar Fit 8:15 - 9:15	Childcare 8:30-12	Childcare 8:30-12	9:00								
9:30																						9:30	
10:00																							10:00
10:30																							10:30
11:00																							11:00
11:30															11:30								
12:00	21+ Years Old Full Court Basketball 12-1 pm		21+ Years Old Full Court Basketball 12-1 pm				21+ Years Old Full Court Basketball 12-1 pm		21+ Years Old Full Court Basketball 1 pm		Pickleball LEAGUE 12-1:30 pm (boxing allowed)				12:00								
12:30																						12:30	
1:00	18+ Years Old Full Court Basketball 1-2 pm		18+ Years Old Full Court Basketball 2 pm		Pickleball Drill 1-2 pm (sign up)		Pickleball Open Play 1-3 pm		18+ Years Old Full Court Basketball 1-2 pm		18+ Years Old Full Court Basketball 2 pm		Pickleball LEAGUE 1 - 2:30 pm (Boxing allowed)		1:00								
1:30																							
2:00					Stay & Play! 2-3 pm							Basketball only 1:30-2:30			2:00								
2:30																Basketball only 2:30-3:30		2:30					
3:00															3:00								
3:30															3:30								
4:00		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Basketball only 1:30-7 pm		Basketball only 2:30-6 pm		4:00							
4:30																							4:30
5:00	Pickleball Open Play 4:30-6:30 pm (boxing allowed)				Spar Fit 4:45-5:30 pm				Pickleball Open Play 4:00-6:00 pm (boxing allowed)						5:00								
5:30																			5:30				
6:00		Basketball only 6-10 pm	Pickleball Open Play 6-7:30 (boxing allowed)				Basketball only 6-10 pm				Basketball only 6-10 pm					6:00							
6:30																				6:30			
7:00																				7:00			
7:30																				7:30			
8:00																				8:00			
10:00															10:00								
	Pickleball Open Gym is reserved for members and their guests ONLY!										Gym Schedule Available @ HTSW.NET												

* Non-reserved times are on a first come, first serve basis.

Please be courteous of those who come before you